

CENTRAL ALBERTA  YOUTH UNLIMITED

FALL 2019

INSIDE

YOUTH UNLIMITED / YFC



Called to the
Mission



Centered on
Christ

Committed to
relationships



Seriously
fun

FROM THE DIRECTOR

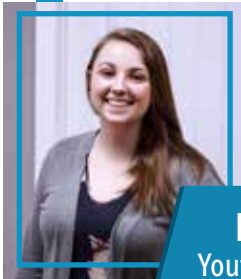
This has been a year of significant growth at Youth Unlimited ... while it's been very exciting, it has reminded us of the need to know who we are and what we do. The Executive Directors across Canada got together to do some strategic planning which led us to four key values organizationally. First and foremost we are **Centred on Christ**. We are motivated by our love for Jesus and the Hope & Wholeness He offers to youth and young families. We are **Called to the Mission**. Central Alberta Youth Unlimited exists to bring the hope of Jesus to youth, facilitating wholeness through mentoring relationships. There are many things we could do, but outrageously loving youth in Central Alberta ... this we have to do. What does that look like? We are **Committed to Relationships**. In all of our programs and events we recognize the necessity of intentional and intergenerational relationships. This looks like small groups exploring topics of life and faith together, one-on-one visits over coffee, formal mentorship, and being there to help pick up the pieces when life falls apart. Finally, we are **Seriously Fun**. We absolutely love what we do and are so thankful for the many volunteers and partners who journey with us to provide Hope & Wholeness for all youth.



JEREL PETERS
Executive Director

LIFE 360

Fall came quick this year and with the arrival of September comes the beginning of so many things. One of the programs I'm most excited about is the continuing of our Life 360 program. Our vision is to have youth centered on Christ and this is one way that we do this. Life 360 is a weekly program where youth and leaders eat a meal together, play together, learn together, and grow together towards a deeper relationship with Jesus. Throughout the school year, different groups will be meeting across Central Alberta and what a beautiful picture of community this is. I get to be apart of the team in Ponoka, and while things look a little different every year with different leaders, different students and different curriculum, what stays the same is that the constant in it all is Jesus Christ. He is our focus, He is the cornerstone of all our ministries, and I can't wait to see what He has in store for Life 360 this year!



KATELYN BEREZANSKI
Youth Engagement - Ponoka

VOLUNTEER LIFE

Most Tuesdays, I wonder what I am doing going to Life 360. I am definitely not your prototypical volunteer for this youth program. I'm 66 years old. I spent my adult life teaching 7 and 8 year olds. I've always been a bit apprehensive of teens. I don't do anything that would cause youth to say 'Wow!'.

At Life 360, I'm not a do-er, I'm a be-er [careful with how you read that]. God has given me two large ears and he has called me to listen. Listen when someone sits with me before Life 360 begins. Listen to teens talk about their lives during supper. Listen in small group as male teens respond to and wrestle with Jesus. Listen during the silence when no talk is required.

I'm a Life 360 be-er because I am there, regularly. Like an old piece of furniture, I stand or sit until needed. Thankfully, God prompts me when I am needed.

I'm a Life 360 be-er because I try to be 'slow to speak'. Speak when it encourages someone to tell more of their story. Speak when it invites someone into the small group discussion. Speak when it makes the uncomfortable less so. Speak when God invites me to do so [oh, that is hard].

A be-er might not seem like much, but it is what God has invited me to be at Life 360. So, that places the stamp of value on what I do at Life 360.

JOHN
Life 360 Volunteer

YOUTH ENGAGEMENT



What do you get when you combine dogs, coffee, and beanbags?? Normally a mess, but at Lindsay Thurber High School it comes together to make a safe place where students can leave their burdens at the door and enjoy some rest. 5 years ago I started the Relaxation Room; quickly the school's administration and I saw that it had the potential to help students survive a hard chapter in their lives. A student, Alix*, shared with me saying she came into the school not knowing how to make it through the day, but when she settled into the relaxation room she felt peace for the first time.

The Relaxation Room isn't just a feel good place however . . . if it was it would be something that the school administration could put on themselves. No, this is also a time when the hope and love of Christ gets to be shared. As students come in the room many are closed off, but quickly they open up and want to talk about life and God. It's amazing as I don't have to move the conversation in that direction. These students crave something more. They know the topic of God is important in their lives. God takes this small, still space inside the biggest school in Central Alberta and turns it into a place where students get to explore faith and what God can mean to them through simple things such as dogs, coffee and beanbags.

KEVIN KORTHUIS
Youth Engagement - Red Deer

HOUSING

I walked into the youth house the other day and as I entered the kitchen, I saw two of our youth sitting at the table, Robert* and John*. Robert was reading the Bible to John. This is a very unlikely relationship outside the house, but these guys need each other. The structure of the YU-Turn Housing program fosters these unlikely relationships. The same two guys help one another in other ways; John helps motivate Robert by encouraging him to be healthy and start running.

Our ultimate relationship needs start with the Lord, which is modeled daily at the YU-Turn; through that relationship we create relationships with the guys who live in the house. Relationships get practiced daily with each other by learning to be patient, learning to serve and most of all learning to love. It is beautiful and complicated! Thank you for praying for us, first that the relationship with God will be strong, then that our relationships with others will display our Father's love.



PENNY URE
Director of Youth Housing

We cater to: Weddings, Business Meetings, Markets, Birthday Parties, Pop-ups

TIMBER

COFFEE CART

VANCOUVER MARCH 21-27 \$750

YU ADVENTURES
 explore. experience. engage.
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CENTRAL ALBERTA **YOUTH UNLIMITED**

2020

MEXICO #1 MARCH 20-27 \$2000

MEXICO #2 APRIL 10-17 \$2000

CONTACT US FOR MORE INFORMATION

INFO@YUADVENTURES.COM | (403) 789-CAYU (2298) | WWW.YUADVENTURES.COM

YOUTH CENTRE

We love the sounds of a busy youth centre. The sounds of laughter, music, hockey sticks hitting the rink and games being played. We are blessed to have youth attend the Lacombe Youth Centre throughout the summer and into the fall! We, as staff, enjoy seeing familiar and new faces join together to play a game of charades or minute to win-it. It is a privilege to build relationships through various games and activities and this fall we are looking forward to seeing our fall/winter programs begin again - where relationships have already been formed and new ones can begin. This is particularly true for James* who comes each week to play ping pong with Arthur* who is a volunteer at drop in for up to two hours. Please pray with us as we play games and plan activities that continue to build into conversations that lead to long-term friendships and hope for the youth of Central Alberta!



DEE CLARK
 Youth Engagement - Lacombe

You can donate at www.cayu.ca/give or fill out the form below

YES, I want to support Central Alberta Youth Unlimited/YFC

Name _____
 Address _____
 City _____ Province _____
 Postal Code _____ Phone _____
 Date _____
 Email _____

By including your email address, you give us permission to contact you by email.
 Check the following box if you do not want to receive updates by email.

Amount:
 \$25 \$50 \$100 \$200 other _____

I wish my donation to be for:
 Central Alberta Youth Unlimited/YFC General
 Staff _____

Each contribution designated towards a CAYU/YFC approved program or project will be used as designated with the understanding that when the need for such a program or project has been met, or the project is completed, or the program cannot be completed for any reason determined by CAYU/YFC, the remaining restricted contributions will be used where needed most.

Method:

- One Time cheque (enclosed)
- Post-dated cheques (enclosed)
- One time VISA or MasterCard donation
- Monthly VISA or MasterCard donation
 Number _____
 3 Digit Security # (on back of card) _____
 Exp. Date _____ / _____
 Signature _____
(All credit card donations will be made through PayPal)
- Pre-authorized transfer (void cheque enclosed)
 Monthly transfer date 1st or 15th _____
 Starting Month _____
 Signature _____
- Online donations can be made at cayu.ca.

* All cheques made payable to Central Alberta Youth Unlimited
 * Donations over \$20 will be issued tax receipts at end of year.

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*All Names in this publication are changed for privacy reasons

PRAYER REQUESTS

- That every program of Central Alberta Youth Unlimited is overwhelmed with volunteer applicants.
- For every staff of Central Alberta Youth Unlimited to be fully funded by December 2019.
- That every kid in a CAYU program would be mentored by an adult.
- That God will be preparing youth and leaders in the housing program to live together and grow in faith.
- That we would grow in prayer, fellowship and community as staff and volunteers.
- For every one of our solo community ministries to find a staff to partner with.
- For our staff to be rested and rooted in Christ as we walk each day out.
- For growth and discipleship in the youth in our communities.
- For upcoming programs this winter - that we will be sensitive to God's will and plans!

WISH LIST

- Grocery & Gas Gift Cards - Stepping Stones Ponoka
- Size 5/6 diapers - Stepping Stones
- Fridge with freezer - Crosswalk
- Monthly support & Prayer partners - Housing
- Ipad - Timber Coffee Co.
- Volunteers for programs - All Communities

**CENTRAL ALBERTA
YOUTH UNLIMITED**
INVITES YOU TO JOIN US FOR OUR
FUNDRAISING BANQUET
IN SUPPORT OF YOUTH PROGRAMMING THROUGHOUT CENTRAL ALBERTA

**HOPE AND
WHOLENESS**

LACOMBE MEMORIAL CENTRE | 6:30PM

NOVEMBER 8TH 2019

Check out
our website
www.cayu.ca

**Stay up
to date with**

- News & Events
- Our Staff
- CAYU Programs
- How You can Join us