



Dear friends and family,

Season's greetings! I hope this message finds you well. As I reflect on this new season with Stepping Stones, I'm deeply grateful for all that God is doing here in Sylvan Lake. Our moms' programs have begun another year, and it's truly a blessing to see our beautiful community of mothers growing, learning, and supporting one another. New moms have joined us, while some of our more seasoned moms have moved on to new work and study opportunities, ready to embrace the next steps God has for them. Together, we've been focusing on understanding the depth of Jesus's love and His call to serve others. I'm reminded of His words, "For even the Son of Man came not to be served but to serve, and to give his life as a ransom for many" (Mark 10:45). It's humbling to watch these mothers experience this love and allow it to guide them in their own journeys, learning to embrace their worth and love their neighbors as Christ loves them.

This past year, I've been attending university to pursue a master's degree in Peace, Justice, and Indigenous Reconciliation, a journey that has been both challenging and transformative. As part of my studies, I traveled to Ireland to learn about peace and justice, and to the Wolastoqiyik lands in New Brunswick to study Indigenous reconciliation. These experiences have deeply shaped my ministry with young, at-risk mothers, grounding me in an even greater understanding of what true reconciliation and healing look like. Through this, I see the value of creating safe spaces where wounds can be acknowledged and healing can take root—something I aim to bring into our work at Stepping Stones. With every lesson, I'm learning how to walk alongside these mothers in their own journeys toward peace and purpose, hoping to reflect the kind of love and commitment to justice that I believe we are all called to.

I'm so thankful for your continued encouragement and support in this ministry. Knowing that you're with us in prayer and in heart gives me such strength. If you'd like to hear more about what God is doing here or would like to connect, I would be overjoyed to meet with you.

If you feel led to support this work financially, I would be incredibly grateful. Your partnership would help bring hope and wholeness to young families across Central Alberta as we continue to walk alongside these moms. A one-time gift would make a meaningful impact; you can contribute by scanning the QR code below or visiting cayu.ca/give and selecting my name from the dropdown menu.

As you journey through this season, my prayer for you is that you feel deeply loved and blessed. May this be a time of peace, renewal, and joy for you and your loved ones. Thank you for being a part of this ministry and sharing in God's work in the lives of these families.

With gratitude,

Tamara Mitchell

Family Engagement | Sylvan Lake

